



Marine Attack Squadron 231

Policy Statement: Unit, Personal and Family Readiness Program (UPFRP)

29 June 2023

While readiness is our Corps' foundation, people are our organization's most critical resource. We are the nation's force in readiness, the most adaptable and prepared force the world has ever known. We must take care of each other and prepare personally, as families, and as a unit for our challenges. Our readiness is built from the ground up by balancing personal readiness and family readiness, resulting in overall unit readiness.

Personal readiness requires Marines with a good work life balance. Time at work balanced with time at home; Hard work balanced with your personal lives and family time; Maintenance and flying balanced with PT and recreation. Balance is obviously necessary for us to be effective. It is my responsibility to give you time to do both. It is then all our responsibility to do those things with that time in our professional and personal lives to be balanced and, therefore, ready.

Concurrent with our personal readiness, we must ensure that our families are also ready for anything we face. I implore everyone to use the available resources to learn important tips, techniques, and life skills to help mitigate the challenges of life in the Marine Corps. Marine Corps Community Services programs (e.g., life skills and personal finance) and military resources (transition readiness, voluntary education, and training) are available. All squadron members should utilize them. Strive to be Marines that are great at work and at home.

VMA-231 will train and prepare every day to be ready when the nation calls. Personal, family and overall unit readiness is the most impactful factor in our ability to conduct our mission. Thank you and your families for being ready!!!

Semper Fidelis

P. A. Truog
Commanding Officer